

Hidden Wings Weekly Plan Outline

Week of 5.25.2020-5.29.2020



❖ Monday Morning 5.25.2020

★ Memorial Day

Video Title/Topic	Video Link
Have	A
Great	Day!!!!

Time	Zoom Link
Program Closed	Program Closed

★ ENJOY THE LONG WEEKEND :)

Hidden Wings Weekly Plan Outline

Week of 5.25.2020-5.29.2020

❖ Monday Afternoon 5.25.2020

Time	Zoom Link
Closed	Closed

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Week of 5.25.2020-5.29.2020

❖ Tuesday Morning 5.26.2020

★ 9:00 am: Chat/Phone Communication Open

Video Title/Topic	Video Link
Food Prep Quiz	https://quizizz.com/admin/quiz/580bfb1530995c3e71e3c4e0/food-preparation
Old Town Road--Boomwhackers cover!	https://www.youtube.com/watch?v=Rb_3IAz-ano

Time	Zoom Link
10:30 am *Workout with Josh: Football Drill Challenge? *Football Discussion/Fitness *Cottage Kitchen Discussion (cook Thursday) *Module 10 — TCS Foods https://www.youtube.com/watch?v=gu9XOk7IT4c	Join Zoom Meeting https://us02web.zoom.us/j/89776318252?pwd=ZkdXTEk4bGVFbEk0ZlI1VFc0Uy8rUT09 Meeting ID: 897 7631 8252 Password: 073146

★ 12 pm Break for Lunch, 1:1 Chat Time Available
(1:1 chat time open)

Hidden Wings Weekly Plan Outline

Week of 5.25.2020-5.29.2020

❖ Tuesday Afternoon 5.26.2020

Time	Zoom Link
<p>1:30 pm</p> <p>*Stretching</p> <p>*Mac and Cheese Discussion</p> <p>*mid summer practice</p> <p>*ServSafe review</p>	<p>Join Zoom Meeting</p> <p>https://us02web.zoom.us/j/84956547309?pwd=QWw0OUwxQ0gzWGVUcTVnYzlrK3F4Zz09</p> <p>Meeting ID: 849 5654 7309</p> <p>Password: 807717</p>

Hidden Wings Weekly Plan Outline

Week of 5.25.2020-5.29.2020

❖ Wednesday Morning 5.27.2020

★ 9:00 am: Chat/Phone Communication Open

Video Title/Topic	Video Link
Totem Poles Native America PBS	https://www.youtube.com/watch?v=hK1AFOD7SUE
Food Safety Quiz	https://play.howstuffworks.com/quiz/food-safety-quiz

Time	Zoom Link
10:30 am *Workout with Jenn *Fitness? *ServSafe *Totem Poles Meditation	<u>Join Zoom Meeting</u> https://us02web.zoom.us/j/89776318252?pwd=ZkdXTEk4bGVFbEk0ZlI1VFc0Uy8rUT09 <u>Meeting ID: 897 7631 8252</u> <u>Password: 073146</u>

★ 12 pm Break for Lunch, 1:1 Chat Time Available
(1:1 chat time open)

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❖ Wednesday Afternoon 5.27.2020

Time	Zoom Link
<p>1:30 pm</p> <p>*Stretching</p> <p>*ServSafe</p> <p>*lotus drawing</p>	<p><u>Join Zoom Meeting</u> https://us02web.zoom.us/j/84956547309?pwd=QWw0OUwxQ0gzWGVUcTVnYzlrK3F4Zz09</p> <p><u>Meeting ID: 849 5654 7309</u> <u>Password: 807717</u></p>

Hidden Wings Weekly Plan Outline

Week of 5.25.2020-5.29.2020

❖ Thursday Morning 5.28.2020

★ 9:00 am: Chat/Phone Communication Open

Video Title/Topic	Video Link
The Art of Totem Poles L'art de totems	https://www.youtube.com/watch?v=MgILs53MX4g
Spirit Animal Quiz	https://play.howstuffworks.com/quiz/w-hats-your-spirit-animal

Time	Zoom Link
10:30 am *Workout with Josh *Meditation Practice *Cottage Kitchen:Mac N cheese *Mac N Cheese Drawing	Join Zoom Meeting https://us02web.zoom.us/j/89776318252?pwd=ZkdXTEk4bGVFbEk0ZlI1VFc0Uy8rUT09 Meeting ID: 897 7631 8252 Password: 073146

★ 12 pm Break for Lunch, 1:1 Chat Time Available

(1:1 chat time open)

Hidden Wings Weekly Plan Outline

Week of 5.25.2020-5.29.2020

❖ Thursday Afternoon 5.28.2020

Time	Zoom Link
<p>1:30 pm</p> <p>*Tai Chi with Don https://www.youtube.com/watch?v=iqeidiqWofA</p> <p>*Cottage Kitchen</p> <p>*Drama Group?</p>	<p>Join Zoom Meeting https://us02web.zoom.us/j/84956547309?pwd=QWw0OUwxQ0gzWGVUcTVnYzlrK3F4Zz09</p> <p>Meeting ID: 849 5654 7309 Password: 807717</p>

Hidden Wings Weekly Plan Outline

Week of 5.25.2020-5.29.2020

❖ Friday Morning 5.29.2020

★ 9:00 am: Chat/Phone Communication Open

FUNKY FRIDAY!

Video Title/Topic	Video Link
Count Music -- Hear the Beat by Counting Sets of 8	https://www.youtube.com/watch?v=AKRTLn3RiQQ
Beat and Rhythm Explained	https://www.youtube.com/watch?v=9DjoipgbkC8

Time	Zoom Link
10:30 am *Workout with Robb? *Party Crashers *Silly Dance *Drama Games	Join Zoom Meeting https://us02web.zoom.us/j/89776318252?pwd=ZkdXTek4bGVFbEk0ZlI1VFc0Uy8rUT09 Meeting ID: 897 7631 8252 Password: 073146

★ 12 pm Break for Lunch, 1:1 Chat Time Available

(1:1 chat time open)

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Week of 5.25.2020-5.29.2020

❖ Friday Afternoon 5.29.2020

May change to one group in the afternoon, depending on Mentor needs

Time	Zoom Link
1:30 pm *Review Dance *ServSafe	Join Zoom Meeting https://us02web.zoom.us/j/84956547309?pwd=QWw0OUwxQ0gzWGVUcTVnYzlrK3F4Zz09 Meeting ID: 849 5654 7309 Password: 807717