

MONDAY MORNING CHECK IN

How Was Your Weekend?

FACIAL EXPRESSION GAME...
GET READY TO COVER YOUR
CAMERA :)

SERVSAFE
RIGHT NOW IT'S
FREE!

Debbie's Cottage Kitchen

Let's Talk About ServSafe

Now until April 30th, ServSafe is free!

Register for an account here!

<https://www.servsafe.com/ss/courses/coursemanagement/courses.aspx>

It takes less than 10 minutes to sign up and pick a class.

Why Should I get ServSafe Certified?

Besides the fact that it's free
right now...

*It will improve the quality
of our future kitchen
products

*It will help our Cottage
Kitchen business

*It's a great opportunity to
try something new online

Who is required to have ServSafe?

“Under the California Health and Safety Code §113947, all food facilities that prepare, handle, or serve unpackaged foods are required to have at least one Certified Food Manager (CFM) or Person in Charge, either an owner or an employee, who has successfully passed an approved and accredited food safety certification examination.”

Why Should Hidden Wings Members get ServSafe

- *Looks professional

- *Adds to our Cottage Kitchen

- *Can be part of your resume, help you find jobs

Where is it required?

This includes restaurants, most markets, caterers, ice cream/yogurt shops, delicatessens, Bed and Breakfasts, school cafeterias, Mobile Food Facilities (e.g., hot dog carts and espresso carts), and some bars.

Food facilities exempt from this requirement include:

- **Temporary Food Facilities**
- **Prepackaged Ice cream trucks**
- **Farmers' Market Vendors**
- **Produce stands selling only uncut produce**
- **Any food facility handling only pre-packaged food**
- **Any food facility handling unpackaged non-potentially hazardous food**

“Even if it’s not required, all must be able to demonstrate to the Health Inspector they have an adequate knowledge of food safety principles related to their specific duties at the facility.”

ServeSafe Sign Up

It's easy and free

Please talk to your Mentor this week about getting registered for ServSafe

We are happy to support anyone who wants to be certified

THIS AFTERNOON, JENN WILL DEMO
HOW TO TAKE SERVSAFE.

PLEASE SIGN UP BY 3PM IF YOU WOULD
LIKE TO TAKE THE CLASS. A MENTOR
WILL SUPPORT YOU!

DEBBIE'S COTTAGE KITCHEN

**Find these items in
your home:**

Bananas

Flour (any kind)

Sugar (any kind)

Protein Powder (if you
have it)

Count and write down
how many eggs you have
at home

BANANA BREAD LIVE DEMO
THIS WEEK!!

Video Review

“What Would Happen If You Didn’t Drink Water?”

<https://www.youtube.com/watch?v=9iMGFqMmUFs>

DRINKING WATER



How much water do you currently drink per day?

- ★ **What are other ways to meet your daily water intake?**

Video Review

“What is seasonal symbolism?”

<https://www.youtube.com/watch?v=YzRzSCtX1ns>

WEEKLY ASSIGNMENT

**Season In A Box
(Summer in a Box)**

**What season did you
pick?**

**Do you have all
your items today?**

We will share
our Seasons in a
box today,
Tuesday,
Wednesday and
possibly
Thursday.

SEASONS AND SYMBOLS

Think about your project in
a box...

Summer: Heat, light, sand,
clouds, blue/yellow/tan

Fall: Cozy, warm scents,
Orange/red/yellow,
something crunchy

Winter: Cool/cold, staying
warm, blue/white

Spring: floral scents,
branches, buds, pink/light
colors/bright colors

FREE CHAT TIME

Theresa still needs theme songs
from:



Izzy
Alexandra
Joshua
Jackie
Salina
Kevin R.
Hannah
Sara
Alex E.
Ryan
Matt R.